

TRANSITANOLA

Transitanola is a spicy keto granola designed to support intestinal transit.

Premium health benefits

A healthy breakfast based on seeds to start your day well. A simple and satiating alternative to classic breakfast cereals.

Usage instructions

Use Transitanola as a breakfast or nutritious snack. Add to (plant-based) yoghurt, kefir or quark, optionally combined with fruit. Can also be used as a topping on smoothies or breakfast bowls.



Ingredients

Buckwheat, chia seeds, flax seeds, dates and cinnamon.

Allergens

This product does not contain allergens. Gluten-free.

Net content

350 grams.

Product information

Nutritional values per 100 g

Energy	1610 kJ
Calories	388 kcal
Fat	19,7 g
of which saturated fat	1,93 g
Carbohydrates	21,8 g
of which sugars	6,8 g
Fibre	27,6 g
Protein	16,9 g
Salt	0,06 g

Consumer price: €25