# Smart Vitamins for him

A healthy start, every day

## **Premium health benefits**

Unique all-in-one technology: vitamins for men floating in omega 3 fish oil. Smart Vitamins contains vitamins, minerals and other nutrients. With the duo-cap release technology we offer a new way of absorption at the level of your intestine.

### How to use

1 capsule a day to be taken in the morning.

We recommend to take Smart Vitamins for a minimum of 3-6 months.

Longterm intake is a recommendation by experts, in combination with excercise and healthy nutrition.

All formulas of Insentials can be combined at the same time.

# **Specifications**

30 capsules

Refill bag



Belgian notified food supplement

NUT\_PL\_AS 4493/17

# We only use the best ingredients

%RI\*

Fishoil	420 mg	-
of which DHA	293 mg	-
Saw palmetto extract	32 mg	-
Vitamin E	12 mg	100%
Vitamin B3	16 mg	100%
Vitamin B5	6 mg	100%
Co-enzym Q10	5 mg	-
Vitamin B6	1,6 mg	100%
Vitamin B2	1,4 mg	100%
Vitamin B1	1,1 mg	100%
Folic acid	500 µg	250%
Selenium	55 µg	100%
Vitamin K	75 µg	100%
Biotine	50 μg	100%
Vitamin D	25 µg	500%
Vitamin B12	5 µg	200%

%RI\* = % Reference intake

Ingredients per daily dose (1 capsule):

Fish oil, microcrystalline cellulose, Saw palmetto extract (Serenoa repens), D-alpha-tocopheryl acetate, nicotinamide, hydroxypropylmethylcellulose (capsule), calcium D-pantothenate, ethyl cellulose, coenzyme Q10, pyridoxineHCl, riboflavin, thiamineHCl, calcium L-methylfolate, sodium selenite, menaquinone, biotin, cholecalciferol, methylcobalamin.

#### Contact

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### 100% Science



Recommended consumer price 29,40 €

