

SMART VITAMINS HIM

STEP **1** **2** **3** THE FOUNDATIONS FOR HIM

I want a healthy start every day.

Premium health benefits

The only 2-in-1 capsule in europe with bioactive vitamins, designed for men seeking vitality, focus and balance – featuring two-phase release and optimal absorption.

Usage instructions

Dosage	1 capsule per day, to be taken in the morning.
Duration	3 to 6 months.
Advice	In combination with physical activity and a healthy diet.
Target group	Adults (18+).
Pregnancy / breastfeeding	Not applicable.
Warning	Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children. Not suitable for individuals taking coumarin anticoagulants.

Ingredients

Ingredients per daily dose (1 capsule):

%RI*

Fish oil	420 mg	-
of which DHA	293 mg	-
Saw palmetto extract (Serenoa repens)	320 mg	-
Vitamin B3	16 mg	100%
Vitamin E	12 mg	100%
Vitamin B5	6 mg	100%
Coenzyme Q10	5 mg	-
Vitamin B6	1,4 mg	100%
Vitamin B2	1,4 mg	100%
Vitamin B1	1,1 mg	100%
Folic acid	500 µg	250%
Vitamin K2	75 µg	100%
Selenium	55 µg	100%
Biotin	50 µg	100%
Vitamin D	20 µg	500%
Vitamin B12	5 µg	200%

RI = % Reference Intake

Ingredients: Fish oil 420 mg, of which DHA 293 mg, saw palmetto extract (Serenoa repens) 320 mg, vitamin B3 16 mg (100% RI), vitamin E 12 mg (100% RI), vitamin B5 6 mg (100% RI), coenzyme Q10 5 mg, vitamin B6 1.4 mg (100% RI), vitamin B2 1.4 mg (100% RI), vitamin B1 1.1 mg (100% RI), folic acid 500 µg (250% RI), vitamin K2 75 µg (100% RI), selenium 55 µg (100% RI), biotin 50 µg (100% RI), vitamin D 20 µg (500% RI), vitamin B12 5 µg (200% RI), microcrystalline cellulose (bulking agent), hydroxypropyl methylcellulose (capsule), ethylcellulose (coating), sodium copper chlorophyllin (colour).

Specifications

Quantity	30 capsules. Refill pouch.
Net weight	26 grams
GTIN	05430004618102
CNK	4991-634
Notification	NUT_PL_AS 4493/17

Consumer price: €30

