

SMART VITAMINS HIM

STEP 1 2 3 THE FOUNDATIONS FOR HIM

A healthy start, every day

Premium health benefits

Unique all-in-one technology: vitamins for men, suspended in fish oil rich in omega-3. Smart Vitamins contain vitamins, minerals and other essential nutrients. With our duo-cap release technology, we offer a new way of absorption at the intestinal level.

Usage instructions

Take 1 capsule per day in the morning. We recommend using Smart Vitamins Him for at least 3 to 6 months, combined with regular physical activity and a healthy diet.

Warning: Keep out of reach of children. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. Store in a dry place, away from light. Consult your doctor or pharmacist in case of simultaneous use of medication. Not suitable for people taking coumarin-type anticoagulants.



Ingredients

Ingredients per daily dose (1 capsule):

%NRV*

Fish oil	420 mg	-
of which DHA	293 mg	-
Saw palmetto extract	32 mg	-
Vitamin B3	16 mg	100%
Vitamin E	12 mg	100%
Vitamin B5	6 mg	100%
Coenzyme Q10	5 mg	-
Vitamin B6	1,6 mg	100%
Vitamin B2	1,4 mg	100%
Vitamin B1	1,1 mg	100%
Folic acid	500 µg	250%
Vitamin K2	75 µg	100%
Selenium	55 µg	100%
Biotin	50 µg	100%
Vitamin D	25 µg	500%
Vitamin B12	5 µg	200%

%NRV* = % Nutrient Reference Values

Excipients: microcrystalline cellulose, hydroxypropyl methylcellulose (HPMC), ethylcellulose.

Specifications

Quantity	30 capsules. Refill pouch.
Net weight	26 grams
GTIN	05419980383136
CNK	4882-999
Notification	NUT_PL_AS 4493/17

Consumer price: €29.4