

SMART VITAMINS HER

STEP **1** **2** **3** THE FOUNDATIONS FOR HER

A healthy start, every day

Premium health benefits

Unique all-in-one technology: vitamins for women, suspended in an omega-3 fish oil. Smart Vitamins contain vitamins, minerals and other nutrients. With our duo-cap release technology, we offer a new way of absorption at the intestinal level.

Usage instructions

Take 1 capsule per day in the morning. We recommend using Smart Vitamins for at least 3 to 6 months, combined with regular physical activity and a healthy diet.

Warning: Keep out of reach of children. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. Store in a dry place, away from light. Consult your doctor or pharmacist in case of simultaneous use of medication. Not suitable for people taking coumarin-type anticoagulants.



Ingredients

Ingredients per daily dose (1 capsule):

%NRV*

Fish oil	420 mg	-
of which DHA	293 mg	-
Iron	14 mg	100%
Vitamin E	12 mg	100%
Coenzyme Q10	10 mg	-
Folic acid	500 µg	250%
Vitamin K2	75 µg	100%
Biotin	50 µg	100%
Vitamin D	20 µg	400%
Vitamin B12	5 µg	200%

%NRV* = % Nutrient Reference Values

Excipients: microcrystalline cellulose, hydroxypropyl methylcellulose (HPMC), ethylcellulose, iron oxides and hydroxides.

Specifications

Quantity	30 capsules. Refill Pouch.
Net weight	28,2 grams
GTIN	05419980099846
CNK	4258-133
Notification	NUT_AS 4493/9

Consumer price: €29.4