

MENTAL BOOST

STEP 1 2 **3 MENTAL BOOSTER**

I want to face life with clarity, ease and positivity.

Premium health benefits

A blend with Lion's Mane, one of the most extensively studied mushrooms, combined with saffron for relaxation and emotional balance.¹

¹ Saffron helps promote relaxation and maintain a positive mood. Health claim pending European authorisation.

Usage instructions

Dosage	1 capsule per day, to be taken in the morning.
Duration	3 to 6 months.
Advice	In combination with physical activity and a healthy diet.
Target group	Adults (18+).
Pregnancy / breastfeeding	Do not use during pregnancy and breastfeeding.
Warning	Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children. Consult your doctor or pharmacist in case of simultaneous use of antidepressant medication.

Ingredients

Ingredients per daily dose (1 capsule):

Lion's Mane (Hericium erinaceus)	400 mg
Mango tree extract (Mangifera indica)	300 mg
Saffron flower extract (Crocus sativus)	20 mg

Ingredients: NRM3+™ (lion's mane extract (Hericium erinaceus) (10% polysaccharides) 400 mg, Zynamite® – mango extract (Mangifera indica) (60% mangiferin) 300 mg, saffron extract (Crocus sativus) (2% safranal) 20 mg), hydroxypropyl methylcellulose (capsule), diglycerides of fatty acids (anti-caking agent), rice starch (bulking agent), copper complexes of chlorophyllins (capsule).

Specifications

Quantity	30 capsules. Refill pouch.
Net weight	26,4 grams
GTIN	05430004618232
CNK	4991-782
Notification	PL 4493/37

Consumer price: €40

