

# MENTAL BOOST

NRM3+™

STEP 1 2 3 MENTAL BOOSTER

Supports mental wellbeing and cognitive function<sup>1</sup>

## Premium health benefits

A blend with Lion's Mane, one of the most extensively studied mushrooms, combined with saffron for relaxation and emotional balance.

<sup>1</sup> Saffron helps promote relaxation and maintain a positive mood. Health claim pending European authorisation.

## Usage instructions

Dosage	1 capsule per day, to be taken in the morning.
Duration	3 to 6 months.
Advice	In combination with physical activity and a healthy diet.
Target group	Adults (18+).
Pregnancy / breastfeeding	Do not use during pregnancy and breastfeeding.
Warning	Consult your doctor or pharmacist in case of simultaneous use of antidepressant medication.

## Ingredients

Ingredients per daily dose (1 capsule):

Lion's Mane mushroom extract	400 mg
Mango tree extract (Mangifera indica, Zynamite®)	300 mg
Saffron flower extract	20 mg

Excipients: hydroxypropylmethylcellulose, diglycerides of fatty acids, rice starch, copper chlorophyllin complexes.

## Specifications

Quantity	30 capsules. Refill pouch.
Net weight	26,4 grams
GTIN	05430004618232
CNK	4991-782
Notification	PL 4493/25

Consumer price: €45

