

# Gut Night

Supports gastric peristalsis\*

## Premium health benefits

A unique blend that helps to support the digestion. Lemon balm helps to support the digestion.\* Milk thistle helps to promote digestion and the body's purification.\*

\*Health claim pending for European approval.

## How to use

1 capsule a day 60 minutes before bed.

We recommend to take Gut Night for a minimum of 3-6 months.

Longterm intake is a recommendation by experts, in combination with exercise and healthy nutrition.

All formulas of Insententials can be combined at the same time.

## Contact

info@insententials.com



## We only use the best ingredients

		%RI*
Vitamin B2	5 mg	357%
Vitamin B6	3 mg	214%
Lemon balm extract	150 mg	-
Choline bitartrate	100 mg	-
Milk thistle extract	80 mg	-
NAC	75 mg	-
Astaxanthine	3 mg	-

%RI\* = % Reference intake

Ingredients per daily dose (1 capsule):  
Lemon balm extract (Melissa officinalis), choline bitartrate, HPMC (capsule), Milk thistle extract (Silybum marianum), N-acetyl-L-cysteine, astaxanthin, rice flour (bulking agent), mono- and diglycerides of fatty acids (anti-caking agent), tice starch (bulking agent), sodium riboflavin-5'-phosphate, pyridoxine-5'-phosphate, copper complexes of chlorophyllins (natural colorant).

## Specifications

30 vegan capsules

Refill bag

Belgian notified  
food supplement



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## 100% Science



Recommended consumer price  
**25 €**