

# GUT NIGHT

STEP 1 2 **3** NIGHTLY DIGEST BOOSTER

I want digestive ease at night.

## Premium health benefits

Your relaxing evening ritual that supports gastric<sup>1</sup> and liver<sup>2</sup> function during the night, helping you start the day right.

<sup>1</sup>Lemon balm helps to maintain normal gastric function.\* / <sup>2</sup>Choline contributes to the maintenance of normal liver function.\* \*Health claim pending European approval.

## Usage instructions

Dosage	1 capsule per day, to be taken in the evening.
Duration	3 to 6 months.
Advice	In combination with physical activity and a healthy diet.
Target group	Adolescents (12+) and adults (18+).
Pregnancy / breastfeeding	Not recommended during pregnancy and breastfeeding.
Warning	Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children. Consult your doctor or pharmacist if taking medication at the same time.

## Ingredients

Ingredients per daily dose (1 capsule):

%RI\*

Ingredient	Amount	%RI*
Lemon balm extract (Melissa officinalis)	150 mg	-
Choline bitartrate	100 mg	-
Milk thistle extract (Silybum marianum)	80 mg	-
NAC (N-acetylcysteine)	75 mg	-
Astaxanthin	3 mg	-
Vitamin B2	5 mg	357%
Vitamin B6	3 mg	214%

%RI\* = % Reference Intake

Ingredients: Gastrolisse™ (N-acetyl-L-cysteine 75 mg, astaxanthin 3 mg, vitamin B2 (riboflavin sodium phosphate) 5 mg (357% RI)), lemon balm extract (Melissa officinalis) 150 mg, choline bitartrate 100 mg, hydroxypropyl methylcellulose (capsule), milk thistle extract (Silybum marianum) 80 mg, rice flour (bulking agent), mono- and diglycerides of fatty acids (anti-caking agent), rice starch (bulking agent), vitamin B6 (pyridoxal-5'-phosphate) 3 mg (214% RI), copper complexes of chlorophyllins (capsule).

## Specifications

Quantity	30 capsules. Refill pouch.
Net weight	18,5 grams
GTIN	05419980099877
CNK	4991-709
Notification	NUT_PL_AS 4493/2

Consumer price: €40

