

GUT DAY

STEP 1 2 3 DIGEST BOOSTER

Helps support digestion*

Premium health benefits

This unique formula helps support your digestion. It contains ginger, angelica, and garden bean extract, combined with enzymes and microorganisms naturally present in the human microbiome. Ginger helps support digestion.*

*Health claim pending European approval.

Usage instructions

Take 1 capsule per day, 30 minutes before a meal. We recommend using Gut Day for at least 3 to 6 months, in combination with sufficient physical activity and a balanced diet.

Warnings: Consult your doctor or pharmacist if you are taking anticoagulants. Keep out of reach of children. Not suitable for children under 6 years of age. Do not exceed the recommended daily dose. The recommended daily amount should not result in an intake exceeding 1 g of dried angelica root for pregnant women (extracts are not permitted). Not suitable during pregnancy. A food supplement should not replace a varied and balanced diet, nor a healthy lifestyle. Store in a cool, dry, and dark place.



Ingredients

Ingredients per daily dose (1 capsule):

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|----------------------------|----------|
| White bean extract | 250 mg |
| Angelica extract | 75 mg |
| Protease | 46,6 mg |
| Ginger extract | 33,33 mg |
| Amylase | 31,3 mg |
| Glucoamylase | 16 mg |
| Lipase | 15 mg |
| Cellulase | 12,5 mg |
| Alpha-galactosidase | 12,5 mg |
| Lactobacillus paracasei | 10 mg |
| Pectinase | 8 mg |
| Lactobacillus plantarum | 5 mg |
| Bifidobacterium animalis l | 2,5 mg |
| Bacillus subtilis | 2,5 mg |
| Lactobacillus rhamnosus | 1,25 mg |
| Lactobacillus casei | 1,25 mg |
| Lactobacillus brevis | 1,25 mg |
| Bacillus coagulans | 0,75 mg |
| Lactobacillus acidophilus | 0,75 mg |
| Lactococcus lactis | 0,75 mg |
| Xylanase | 0,667 mg |
| Hemicellulase | 0,15 mg |

Excipients: hydroxypropylmethylcellulose (capsule), mono- and diglycerides of fatty acids, rice starch.

Specifications

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| Quantity | 30 capsules. Refill bag. |
| Net weight | 33 grams |
| GTIN | 05419980300324 |
| CNK | 4734-075 |
| Notification | PL_AS 4493/3 |

Consumer price: €40