

Deep Sleep

A healthy night's sleep

Premium health benefits

Melatonin contributes to the reduction in time to fall asleep. Valerian helps maintain natural sleep.*

*Health claim pending European approval.

How to use

1 capsule a day before bed.

We recommend to take Deep Sleep for a minimum of 3-6 months.

Longterm intake is a recommendation by experts, in combination with exercise and healthy nutrition.

All formulas of Insentials can be combined at the same time.

Contact

info@insentials.com



We only use the best ingredients

GABA	500 mg
Valerian extract	220 mg
Melatonin	299 µg

Ingredients per daily dose (1 capsule): GABA (4-aminobutyric acid), valerian extract (Valeriana officinalis), hydroxypropylmethyl cellulose (capsule), rice starch (filler), copper complexes of chlorophyllin (colouring agent), melatonin.

Specifications

30 capsules



Refill bag

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Belgian notified food supplement

PL_AS 4493/14

100% Science



Recommended consumer price
25 €