

# DEEP SLEEP

STEP 1 2 **3 SLEEP BOOSTER**

I want deep & fast sleep.

## Premium health benefits

An effective blend of neurotransmitters<sup>1</sup> and natural sleep aids. A powerful formula that helps you relax more easily and supports sleep quality.<sup>1</sup>

<sup>1</sup>Valerian helps promote the onset of sleep and contributes to healthy sleep. Health claim pending European approval.

## Usage instructions

Dosage	1 capsule per day, to be taken in the evening.
Duration	3 to 6 months.
Advice	In combination with physical activity and a healthy diet.
Target group	Adults (18+).
Pregnancy / breastfeeding	Not recommended during pregnancy and breastfeeding.
Warning	<p>Do not exceed the recommended daily dose.</p> <p>Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.</p> <p>Keep out of reach of young children.</p> <p>Not recommended for individuals with inflammatory or autoimmune diseases, individuals who must perform activities requiring sustained alertness where drowsiness may pose a risk, individuals with epilepsy, asthma, or mood, behavioral, or personality disorders.</p> <p>Not recommended for individuals who must perform activities requiring sustained alertness and for whom drowsiness may pose a safety risk. For these population groups, medical advice is recommended before using melatonin.</p>

## Ingredients

Ingredients per daily dose (1 capsule):

GABA	500 mg
Valerian extract (Valeriana officinalis)	220 mg
Melatonin	0,299 mg

Ingredients: Gabasomnus™ (GABA – 4-aminobutyric acid 500 mg, valerian root extract (Valeriana officinalis) (0.8% valerenic acids) 220 mg, melatonin 0.299 mg), hydroxypropyl methylcellulose (capsule), rice starch (bulking agent), copper complexes of chlorophyllins (capsule).

## Specifications

Quantity	30 capsules. Refill pouch.
Net weight	26,1 grams
GTIN	05430004618126
CNK	4991-659
Notification	PL_AS 4493/14

Consumer price: €40

