

# DEEP SLEEP

GABASOMNUS™

STEP 1 2 **3** SLEEP BOOSTER

Restful, deep sleep<sup>1</sup> thanks to this natural sleep aid.

## Premium health benefits

An effective blend of neurotransmitters<sup>1</sup> and natural sleep aids. A powerful formula that helps you relax more easily and supports sleep quality.<sup>1</sup>

<sup>1</sup>Valerian helps promote the onset of sleep and contributes to healthy sleep. Health claim pending European approval.

## Usage instructions

Dosage	1 capsule per day, to be taken in the evening.
Duration	3 to 6 months.
Advice	In combination with physical activity and a healthy diet.
Target group	Adults (18+).
Pregnancy / breastfeeding	Not recommended during pregnancy and breastfeeding.
Warning	Not recommended for individuals with inflammatory or autoimmune diseases, individuals who must perform activities requiring sustained alertness where drowsiness may pose a risk, individuals with epilepsy, asthma, or mood, behavioral, or personality disorders.  Not recommended for individuals who must perform activities requiring sustained alertness and for whom drowsiness may pose a safety risk. For these population groups, medical advice is recommended before using melatonin.

## Ingredients

Ingredients per daily dose (1 capsule):

GABA	500 mg
Valerian extract	220 mg
Melatonin	0,299 mg

Excipients: hydroxypropyl methylcellulose, rice starch, copper complexes of chlorophyllins.

## Specifications

Quantity	30 capsules. Refill pouch.
Net weight	25,8 grams
GTIN	05430004618126
CNK	4991-659
Notification	PL_AS 4493/14

Consumer price: €45

