# Balance<sup>2</sup> Me

Hormonal vitality\*

#### **Premium health benefits**

Formula with adaptogens and vitamins to optimise your physical and mental health.

Vitamin B6 helps regulate your hormonal activity.\*
Ashwagandha has adaptogenic properties.\*\*

#### How to use

1 capsule a day in the morning.

We recommend to take Balance<sup>2</sup> Me for a minimum of 3-6 months.

Longterm intake is a recommendation by experts, in combination with excercise and healthy nutrition.

All formulas of Insentials can be combined at the same time.

#### Contact

info@insentials.com



### We only use the best ingredients

%RI\*

| Vitamin B5                 | 6 mg   | 100% |
|----------------------------|--------|------|
| Vitamin B6                 | 1,4 mg | 100% |
| Ashwagandha extract        | 175 mg | -    |
| Maca extract               | 100 mg | -    |
| Magnesium glycerophosphate | 450 mg | 15%  |

%RI\* = % Reference intake

Ingredients per daily dose (1 capsule): magnesium glycerophosphate, Ashwagandha extract (Withania somnifera), HPMC (capsule), Maca extract (Lepidium meyenii), mono- and diglycerides of fatty acid (anti-caking agent), calcium D-pantothenate, rice flour (bulking agent), pyridoxal-5'-phosphate, copper complexes of chlorophyll (colour).

#### **Specifications**

30 vegan capsules

Refill bag



CNK 4258-232
Belgian notified food supplement NUT\_PL 4191/3

## 100% Science



Recommended consumer price **35,9 €** 



<sup>\*\*</sup>Health claim pending European approval.