

BALANCE ME

STEP 1 2 **3** FEMININE BOOSTER

I want to embrace my femininity

Premium health benefits

This formula combines essential vitamins and minerals that contribute to the support of hormonal activity.¹ Developed for women who want to feel energetic and balanced at every stage of femininity.²³

¹Vitamin B6 contributes to the regulation of hormonal activity. / ²Vitamins B5, B6 and magnesium help reduce tiredness and fatigue. / ³Maca helps maintain optimal stamina, mood and vitality.* *Health claim pending European authorisation.

Usage instructions

Dosage	1 capsule per day, to be taken in the morning.
Duration	3 to 6 months.
Advice	In combination with physical activity and a healthy diet.
Target group	Adults (18+).
Pregnancy / breastfeeding	Not recommended during pregnancy and breastfeeding.
Warning	Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

Ingredients

Ingredients per daily dose (1 capsule):

% RI*

Ingredient	Quantity	% RI*
Magnesium	450 mg	15%
Rhodiola extract (Rhodiola rosea)	175 mg	-
Maca extract (Lepidium meyenii)	100 mg	-
Vitamin B5	6 mg	100%
Vitamin B6	1,4 mg	100%

%RI* = % Reference Intake

Ingredients: Adaptohormonal C™ (magnesium (magnesium glycerophosphate) 56.25 mg (15% RI), rhodiola extract (Rhodiola rosea) (3% rosavins, 1% salidroside) 175 mg, maca extract (Lepidium meyenii) (0.6% macamides) 100 mg, vitamin B5 (calcium D-pantothenate) 6 mg (100% RI), vitamin B6 (pyridoxal-5'-phosphate) 1.4 mg (100% RI), hydroxypropyl methylcellulose (capsule), diglycerides of fatty acids (anti-caking agent), rice flour (bulking agent), copper complexes of chlorophyllins (capsule).

Specifications

Quantity	30 capsules. Refill pouch.
Net weight	27,6 grams
GTIN	05430004618089
CNK	4991-774
Notification	NUT_PL 4493/22

Consumer price: €40

