

# BALANCE ME

ADAPTOHORMONAL C™

STEP 1 2 **3 FEMININE BOOSTER**

I want to embrace my femininity

## Premium health benefits

This formula combines essential vitamins and minerals that contribute to the support of hormonal activity.<sup>1</sup> Developed for women who want to feel energetic and balanced at every stage of femininity.<sup>23</sup>

<sup>1</sup>Vitamin B6 contributes to the regulation of hormonal activity. / <sup>2</sup>Vitamins B5, B6 and magnesium help reduce tiredness and fatigue. / <sup>3</sup>Maca helps maintain optimal stamina, mood and vitality.\* \*Health claim pending European authorisation.

## Usage instructions

Dosage	1 capsule per day, to be taken in the morning.
Duration	3 to 6 months.
Advice	In combination with physical activity and a healthy diet.
Target group	Adults (18+).
Pregnancy / breastfeeding	Not recommended during pregnancy and breastfeeding.
Warning	Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

## Ingredients

Ingredients per daily dose (1 capsule):

% RI\*

Magnesium glycerophosphate	450 mg	15%
Rhodiola extract	175 mg	-
Maca extract	100 mg	-
Vitamin B5	6 mg	100%
Vitamin B6	1,4 mg	100%

%RI\* = % Reference Intake

Excipients: hydroxypropylmethylcellulose, diglycerides of fatty acids, rice flour, copper complexes of chlorophyllins.

## Specifications

Quantity	30 capsules. Refill pouch.
Net weight	27,6 grams
GTIN	05430004618089
CNK	4991-774
Notification	NUT_PL 4493/22

Consumer price: €40

